



## Tidings From Timothy

**Give a Warm Welcome** today to brother Honeycutt (morning service) and brother Ramsey (evening service and Wednesday night). Neither of these men are strangers to Mt. Gilead, but I want to encourage you to extend to them the “right hand of fellowship.” I will be in a Meeting this week with the brethren at Clementsville church of Christ. The Gospel Meeting goes through Thursday night with 7pm services.

**In Need of Prayer:** Catherine Wiley is in the local hospital. Lucille Abney is getting rehab at Cardinal Hill in Lexington. Her address there is posted on the bulletin board. Olene McPherson is back in the Nursing Home and still in need of prayers, as are all those on our prayer list.

**Food Pantry:** We need a volunteer to organize the pantry and get the donations off the floor of the pantry room. They would need to check on this about once a month. If interested, see me or one of the elders.

**Toddler Class:** We need some volunteers for teaching a “Toddler” class in the room at the side door on Sunday mornings. If interested, tell an elder or me. Let’s get this class started quickly!

**VBS!** Our Vacation Bible School is June 25-27. There is a sign-up sheet for teachers on the bulletin board.

## Spiritual Health

by Franklin Camp

“Hold fast the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus” (2 Timothy 1:13). The margin of the A.S.V. gives “healthful” in-stead of “sound.” “They that are whole need not a physician” (Luke 15:27). The word “sound” in these passages is the same as the word “sound” in 2 Timothy 1:13.

Spiritual health is not accidental. There are some essentials. One of the essentials is love. You will notice that Paul ties it in with healthful words.

“Love is not provoked, taketh not account of evil; rejoiceth not in unrighteousness, but rejoiceth with truth” (1 Corinthians 13:5b,6, A.S.V.).

The King James Version says “easily provoked.” Love enables one to maintain control. Love does not blaze up in wrath. Love is not irritable. Life often consists of little things that annoy. These may become a source of irritation unless love controls one’s actions. Love has the ability to help one handle the little things that tend to upset. Love remains calm in the face of the irritation of life. There is a basic difference between anger at wrong and flaring up at things that are a source of irritation. Some may have a personality that makes it easier for them to stay calm in unsettling situations, but there is no ex-cuse for anyone pitching a tantrum and allowing the tongue to run loose. Love can control tem-per. The apostle John evidently had a quick tem-per, but he learned to love and love controlled it.

Christians must learn not to be touchy. Ill temper is often excused by otherwise good people. Am I one who gets my feathers ruffled easily? Do I have a quick temper? I must learn to love and it will overcome it.

The elder brother’s lack of love produced a bad temper. He was irritated by the reception his brother received. Think of how his ruffled attitude had an effect on others. It grieved the heart of the Father. The prodigal already had a heavy load in view of his past. The ugliness of the elder brother would only add to his burden. One does not feel free when around on that is touchy. It is like walking on pins and needles. One has to be careful about every word and look lest the person comes unglued over some minor thing. There are husbands and wives where ten-sion is high because one is easily irritated and ready to fly off the handle. Evil temper robs one of peace, destroys relationships, turns homes into battlegrounds, produces fear in children, and throws congregations into turmoil. It leaves a trail of misery in its path. The cure for this miserable sin is love. –edited for use in this bulletin--

What Must I do to be saved?

- **Hear the Gospel - Acts 15:7**
- **Believe the Gospel - Mark 16:15,16**
- **Repent of Sins - Acts 17:30**
- **Confess Christ - Rom. 10:9,10**
- **Be Baptized for the Forgiveness of Sins - Acts 2:38**

Then, as a Christian we must:

- **LIVE FAITHFUL UNTO DEATH - REV. 2:10**

### Study the Bible?

God speaks to us today through the Holy Word of God - The Bible (Hebrews 1:1-2). The Scriptures instruct us in the way God requires His people to live (2 Timothy 3:16,17). The Bible is powerful and able to save us (Romans 1:16; James 1:21-25), if we will hear, learn and obey it.

⇒ **Yes!** I want to learn more about the Holy Bible. Please enroll me in the eight lesson FREE Bible Correspondence Course (we even pay for the postage).

Call 487-5342, or mail this form to us:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

*Mail to: PO Box 266, Tompkinsville, KY 42167*

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## Mt. Gilead church of Christ

PO Box 266, 1189 Mt. Gilead Rd., Tompkinsville, KY 42167 • 270-487-5342

**1 Corinthians 11:23 - 29** <sup>23</sup>For I received from the Lord that which I also delivered to you: that the Lord Jesus on the *same* night in which He was betrayed took bread; <sup>24</sup>and when He had given thanks, He broke *it* and said, **“Take, eat; this is My body which is broken for you; do this in remembrance of Me.”** <sup>25</sup>In the same manner *He* also *took* the cup after supper, saying, **“This cup is the new covenant in My blood. This do, as often as you drink *it*, in remembrance of Me.”** <sup>26</sup>For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes. <sup>27</sup>Therefore whoever eats this bread or drinks *this* cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. <sup>28</sup>But let a man examine himself, and so let him eat of the bread and drink of the cup. <sup>29</sup>For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.

Elders:

Keith Dyer.....427-4105  
Veachel Harlan.....487-5727

Deacons:

Steve Carter, Larry Copas, Ray C. Lyon, Cass Thomas Froedge, Bobby D. Gerald, Bobby Harlan, Jimmy High, Gary Rowland, Kevin Deckard

Evangelist:

Tim McHenry, 931-258-3494  
12955 Clay Co. HWY Moss, TN 38575

Schedule of Services:

**Sunday:**

Bible Study... 9:30am  
Morning Worship... 10:05am  
Evening Worship... 6pm

**Wednesday:**

Bible Study... 7pm

Listen to our Sunday Morning Radio Sermon on WTKY 1370 AM & 92.1, 102.7, 101.5 FM at 8:30am each week, and to our weekday 10min program after the Noonday news and reports.